Salmon may lose the ability to smell danger as carbon emissions rise

It’s good to give: Puyallup Tribal Community comes together to support one another in times of need

TACOMA LNG
Wrongs must be righted at Plant
By Puyallup Tribe Council member Annette Bryan and Melissa Malott

SPORTS FEATURE
Q&A with Taima Mitchell
Taima Mitchell speaks to his success on the football field and in the classroom

POLITICS
Native women in Congress: A new normal
Article courtesy of Indian Country Today and editor Mark Trahant
Puyallup Tribal Elder Sharron Nelson says her father always taught her to be proud to be an Indian. Her grandmother, aunts and mother showed her how to live.

Her grandmother, Hattie Cross, was strong and a member of the Puyallup Tribe. Her mother, Lucille Reed, was a good mother and housewife who lived a simple life cooking, sewing and canning. Nelson’s aunts served on the Tribal Council and helped shape today’s Puyallup Tribe.

“We were as poor as church mice, but never knew it,” Sharron says. Like her foremothers, she came from humble beginnings and honest work to support her children. In all of them, she instilled a strong work ethic and pride in their Native roots. Her five children are her life’s greatest work and joy.

Sharron graduated with honors from Franklin High School in Seattle in 1967. She attended the University of Washington for several years before launching a successful career as a legal secretary for law firms in Seattle and Tacoma.

“A master basket weaver, Sharron leveraged her passion and talent to make hats for Tribal members on the early Canoe journeys. She shared this heritage and craft with fellow Tribal members whenever she had spare time.

She doesn’t weave these days; her weary hands have grown stiff. But she still takes pride in the double-wall baskets and 7 by 5 foot mat she wove for the health authority. The weaving itself took only a week, but she and her son, Les spent a month building the strips for the mat itself.

Friend and former co-worker Lauren Butler got to know Sharron when she began working under Sharron’s supervision as a legal secretary. Sharron’s work ethic and commitment to Puyallup’s cultural affairs inspired her, Butler said.

The two worked together on the Tribe’s Pow Wow committee. Lauren said she’s still in awe of Sharron’s work ethic: battling Seattle traffic to work at a law firm each day while still finding time to be a mother to her children and preserving the cultural legacy of the Tribe. When Sharron wasn’t working or parenting, she fought to regain the Tribe’s land, planned Pow Wows, taught basket weaving and canned in her kitchen.

Honoring Tribal Elder Sharron Nelson
A tribal matriarch—master basket weaver, mother and legal pro

By PUYALLUP TRIBAL NEWS STAFF

Continued on Page 3
Continued from Page 2

“She has a super passion for canning vegetables, fruits and salmon. That’s part of her life therapy and she just loves it,” says Lauren.

“She’s just as passionate about her culture and her different tribal affiliations. That was a priority right along with raising her children,” Lauren added.

“She was always at soccer games for Les. She supports all of them in their endeavors. She’s behind them 100 percent—the grandkids 200 percent. She’s a very strong lady, but if you get her talking, she’ll start crying because she loves everyone so much.”

It’s easy to see what Lauren means. Ask Sharron about her children or her work for the Tribe, and her voice shakes, revealing the depths of her devotion. She reflects on her life, the Tribe and how everything changed “when we got Cascadia back.”

“We’ve come so far. When I was a young mother, we would get a $25 check at Christmas and that was it. We met at different Tribal members’ houses,” Sharron says, noting the vast range of tribal programs that now help young members buy a house or support Tribal elders live with dignity and respect.

“The Tribe has just grown and grown since then. The Casino has changed everything. I appreciate everything the Tribe does for its members.”

Sharron said the Puyallup Tribe’s success reflects a long legacy of fighting for homelands and natural resources. She served on the Lands Settlement Claims Committee alongside Tribal Elder Ramona Bennett.

“We never quit fighting. We fought for our fishing rights. We fought for our land,” says Sharron. “We are one of the main tribes that helped other tribes get what they have today. Nisqually was there too. But we were the ones that helped succeed in the modern world.”

Sharron says strong women role models are embedded in the Tribe’s history and matriarchs. She sees a living legacy in her childrens’ work teaching, fishing and working for the Tribe.

As a Tribal Elder, Sharron says she is proud of the Tribe’s work to stop the LNG plant. It’s a good lesson for the Tribe’s next generation of leaders.

“Stay strong, work hard and keep fighting,” she says.

Public Comment Announcement

The Department of Planning and Land Services is requesting input from the Puyallup Tribal Membership regarding updates to the Tribe’s annual Tribal Transportation Planning (TTP) Inventory.

The TTP allows for the Tribe to allocate federal grant funds toward public roads, transit and public walking trails within the Puyallup Reservation boundaries and usual and accustomed areas. Upcoming Projects include Browning Street (ongoing), the St. George Cemetery road, and the completion and repair of Chief Leschi’s School road.

» What are the public roads that are in need of repair or safety improvements within the reservation boundary?
» Is your street on the TTP street inventory for future road work?
» What are your transportation needs, questions and concerns?

The Planning Department is currently reviewing the following roads to be added to the TTP inventory, which include but are not limited to roads within Tacoma, Fife, Milton, Edgewood, Puyallup and unincorporated Pierce County.

All comments and input should be forwarded to the Planning and Land Use Department located at 3009 E. Portland Ave, Tacoma WA 98404, Robert Barandon (253)573-7939.

Comment for the TTP Inventory period closes on February 8, 2019.

Additionally as a reminder to Puyallup Tribal Members that own property within the Reservation boundaries, if you are making any modification to your property such as new construction, renovations, additions, or any major changes to the land and buildings a permit is required and can be obtained from Jennifer Keating, Puyallup Tribe Land Use Planner, (253)382-6073.
Puyallup, WASH. – The sun came out Saturday, December 15, morning in time to stack the tables with donations for neighbors and relatives who are experiencing homelessness. The parking lot of the Puyallup Tribal Administration Building was arranged with rows of long tables, fire pits and chairs, and a tent with homemade soup and warm coffee. A line of relatives waited patiently for their opportunity to fill their bags with necessities and other generous offerings. The mood was joyous as kids awaited their turn at the toy truck.

The Helping the Homeless event is in its ninth year of giving, and each year there is more to give. Organized and led by Puyallup Tribe Council member Sylvia Miller, the day brings together a crew of Tribal members, elders, youth, friends and volunteers by the dozens; people who are ready to lend their support for a day of giving and receiving. In moments of gratitude, we are all the same, finding humility in generosity no matter which side of the giving or receiving we are on.

As a generous and welcoming people, the Puyallup Tribe of Indians shares a culture of reciprocity and giving. Helping the Homeless for the Tribe means remembering that although the holidays may bring joy to many, the season can also surface difficult times and day-to-day struggles for many. Miller’s team of dedicated volunteers works tirelessly to collect and organize donations from the local community to help shoulder the burden of those in need or experiencing homelessness.

“As you can see, there’s a lot of people in need. And you know what? It’s good to give. And it’s good to take, if you need. We want you to come. We’ve all been there – I can remember having Christmases of getting a puzzle that didn’t even have all the pieces. So, don’t be ashamed of it. Your kids need a Christmas or you need some warm clothing, come down and help,” said Miller.

Winter clothes were stacked so high on the tables that people were able to take what they needed with minimal limitations. The offerings ranged from tents, tarps, blankets and sleeping bags, hygiene items, ponchos, flashlights and stove cookers. “Come on down! Grab a blanket or a sleeping bag. We have tents for the homeless, we even have portable pop-ups,” some Tribal member volunteers told the Tribe’s Facebook live. Non-perishable food items were prepared in large bags with room for more items, new socks, gloves, scarves and hats. Brand new Helly Hansen rain gear and snow gear, in all sizes were just some of the most popular donated items.

But the most popular line wasn’t at the food or jackets table, but at the truck of toys. Thanks to returning donors, Toys for Tots and Ed Troyer of Pierce Country Crime Stoppers, a delivery truck full of toys made an entrance as grandiose as Santa’s sleigh, loaded with gifts and toys for the youngest generation. As Troyer was monitoring the back of the truck, helping kids in and out, he shared, “What we’re doing is taking the kids and letting them go pick something out. Then whatever left over, the parents take to give to their kids.” And there most certainly was enough for every kid or parent to choose a selection of their favorites for Christmas. Families celebrated with smiles, and little ones picked out new balls, stuffed animals, Legos and games.

Sharing stories and laughter, all who came were fed a warm meal of chicken noodle soup and fresh fruit to enjoy around the fire pits. Others warmed their hands and roasted hot dogs. In caring for each other on this day of sharing, we see how the young, elderly, volunteers, donors, and recipients are one big family, who take care of each other as neighbors and relatives. We are all related.
Wrongs must be righted at Tacoma LNG plant

By Puyallup Tribe Council member ANNETTE BRYAN and MELISSA MALOTT

It’s unfortunate that local politics are so thoroughly disconnected from global issues. When it comes to reducing fossil fuel emissions, natural gas offers marginal gains and great risks; it is not the transitional fuel we thought it was a decade ago.

It’s time to get the facts right on the process and impacts of the Tacoma liquefied natural gas (LNG) plant.

The arguments in favor of the LNG plant are largely supported by a million dollar, green-washing cable TV campaign purchased by Puget Sound Energy (PSE), not by science. PSE’s poll-tested arguments of clean-green jobs are framed against the backdrop of Commencement Bay to build public buy in.

But that backdrop happens to be the homes of Tacoma taxpayers and the treaty-protected homelands and resources of the Puyallup Tribe of Indians.

The facts do not support PSE’s position. Science-based environmental group Citizens for a Healthy Bay, which originally supported this project, now opposes it after reviewing the supplemental environmental impact statement (SEIS).

Data in the SEIS shows that for the next 40 years, natural gas emissions from this project will create 30 percent more climate pollution than doing nothing. Unfortunately, the SEIS ultimately assesses emissions after 100 years to conclude that the project is better than doing nothing.

Washington's Office of the Attorney General calls the SEIS findings “fictional.” Looking at this project on a 100-year timeline is misleading because it overlooks the time period in which natural gas emissions are most harmful.

Climate scientists say we have to make major emissions reductions in the next three decades, and we should take a cue from global maritime giant Maersk.

Maersk recently committed to zero-emission ships by 2030 and zero emissions as a company by 2050. This is a heavy lift. Maersk will need entirely new technology to accomplish this.

No one has the answers on how to do this. But Maersk is putting enormous money and effort into it, and enlisting other industries, investors, policy-makers and technology developers in reaching this goal.

Increasing climate emissions via an LNG plant is the wrong way to go and will only undermine Maersk’s efforts.

But not just the science has been bungled. The City of Tacoma, PSE, Port of Tacoma and federal agencies have violated their federal trust responsibility to engage in government-to-government consultation with the Tribe.

They have chosen to ignore the Tribe throughout this entire process and allowed PSE to build the plant without proper permitting, rather than halt construction.

Last month, the state Court of Appeals called out the city for violating open government laws by not fully disclosing project safety data to journalists and the public.

LNG project proponents promise a paltry 18 permanent jobs. More and better jobs can be had by following the lead of the Tribe and forward-thinking companies like Maersk.

As an economic engine for the region, the Tribe has created more than 3,200 jobs in addition to a wide range of indirect economic benefits. It offers a spectrum of initiatives that shape our community, including fisheries, public safety, community schools, public health and philanthropy.

The Port and PSE have hyped the gains of the LNG project, but investing in a project that puts our community and environment at risk is not acceptable. It also does not make sense economically.

Why are Tacoma area taxpayers shoul-dering financial and environmental risks for a group of foreign investors with investments in the Canadian fossil fuel industry?

The current SEIS study is dishonest as drafted. Trusted scientists across the region have rejected it as inaccurate, incomplete and misleading. It fails to even address a change in the project’s scope with expanded bunker refueling.

The science is wrong. The permitting is incomplete. The process needs to be fixed. The power to do so lies with Tacoma city officials. It’s up to them to reverse course and right these wrongs before this ill-advised project is further permitted.

Annette Bryan is a Puyallup Tribe of Indians Council member and holds a Master of Science in Civil and Environmental Engineering.

Melissa Malott is the executive director for Citizens for a Healthy Bay, based in Tacoma.
Q&A with Taima Mitchell

By PUYALLUP TRIBAL NEWS STAFF

Taima Mitchell is a Puyallup Tribal member and an 18-year-old freshman football player at the University of Puget Sound (UPS). As the first-generation male in his family to attend college, he has high ambitions, through academics and sports, to blaze new trails for his family and relatives. Puyallup Tribal News spoke with Taima about his success on the field and in the classroom:

Taima (pronounced Tum-a) is a powerful name. What does it mean?

Taima means thunder in Salish.

How does it translate to your life in sports?

You see lightning but you don’t see thunder, you hear it. I’m not flashy like lightning, but when I need to get my point across I will make myself heard. I’m not the type of person who’s trash talking. I’m more of a person who enjoys the game a lot, plays it, has a fun competitive game. I know that I can make my impact and how I need to make it. I’m definitely a major team player, and when we’re having team discussions, I will put my opinion out there when I have a comment that I feel will benefit or contribute to the team.

How did you realize, and at what age, your passion for football?

I’ve been playing football since the 5th grade with the Tacoma Panthers. I wasn’t very big and I had a large growth spurt in high school but I kept playing it because most my friends were playing and I didn’t want to be left out. But I’d say the year that I found true passion for it was probably my sophomore year when I fell in love with it.

What brought on that change your sophomore year?

In my freshman season, I ended up going to a public high school, made it on the JV team. But it was more like a group of individuals playing together, and not a team unit. Which is one of the reasons I ended up transferring. I ended up going to Bellerman Preparatory School, and that’s where I really fell in love with the game. And stepping into Bellerman, it was no longer a focus on the individuals, but a focus on the team, and how we could be collectively better together. And that’s where I found my true passion for it.

Did you experience any difficulties or setbacks during your time at Bellerman?

My junior year, I ended up fracturing my hip a week before the first game of the season. And it was hard, it was really difficult to go through, because I couldn’t really do anything but sit there and watch from the sidelines. But I was glad to be cheering on my team. It was at that moment I wanted to contribute more, and be a helpful human. I chose to start working out more, bounce back from my injury, and make myself stronger. It sparked a drive.

How was your senior year? What kind of opportunities did you see then?

I had an ambition to play college football, even when I was little. But it wasn’t until I had that injury that it made me want to go and keep on playing the sport. I felt like I was truly contributing to the team to my best ability, playing on defense, and trading offense.

My senior year I started getting college opportunities, from a lot of smaller colleges. And I thought maybe I could continue to do this, and work towards something. That’s when I decided I was going to go play football. I visited a couple of schools in California, but I decided to stay here in Tacoma at the University of Puget Sound.

How are you liking college?

I like it a lot. My teammates and I have a similar mindset. We want to do well and win. And we want to make each other better players and better men, and collectively grow as a group, together.

Is there an emphasis on academics at UPS?

Yes, there’s a big emphasis on education. We always talk about how football is a luxury. It’s not something you necessarily need, but a college education is something that will help you through the rest of your life. The coaches really emphasize how important it is to be studying, and we have to report our grades to them. They are constantly harping on us to do better. Our team goal is to collectively have a 4.0, because we don’t want to accept being a bare minimum, we want to strive to be the best we can, and reach for the best person we can be. We want to be the best team we can be, and that starts with academics.

There’s something special about being local, and coming from a culture, and the place where your ancestors are from, as a Puyallup Tribal member. What does it mean to play and be here on the next step of your journey?

I wouldn’t be in the position I am without my ancestors doing what they have done to give me this chance. Be it fighting for their rights, or fighting for the rights of their future generations, and generations even after me. It didn’t come easy, I can’t say how thankful I am. And I want to do something in return. My major is General Biology and a minor in Policy and Decision Making. I chose that because I’ve always had an interest in the environment. I grew up fishing, crabbing and whatnot, and I want to be able to contribute to that and help conserve wildlife and waterlife for future generations. It’s my way of giving back what has been given to me. I’m so thankful, I can’t stress that enough. Continued on Page 9
Representative-elect Debra Lekanoff receives House committee assignments

On Thursday, December 13, 2018, Committee assignments for the upcoming Washington State legislative session were announced by the House Democratic Caucus. Representative-elect Debra Lekanoff was appointed Vice Chair of the Environmental and Energy Committee.

“I am honored to represent the values of the 40th LD in our state legislature. If we stay true to our values, we can achieve both economic prosperity and protect the environment throughout our state,” said Lekanoff. “My portfolio of committees weaves together opportunities that reflect the voices that called for action in the area of taking care of this place we all call home.”

Representative-elect Lekanoff will also serve on two additional committees, Agriculture & Natural Resources and Capital Budget.

“We need to make bold incremental changes to our way of life here in the 40th. Regardless of individual beliefs about climate change, we are seeing indicators that our surrounding ecosystems are changing. Our most recent indicators being the health of the Orca Whales in our waters and passed history of the disappearance of salmon in our streams,” said Lekanoff. “We are all facing the impact of environmental degradation upon our infrastructures, human health, and resources, and only together will we adapt, change and find solutions to the challenges we face as a community.”

Representative-elect Lekanoff takes office in January 2019. She fills a seat previously held by Representative Kris Lytton. Elected in 2010, Lytton was a champion for education and fought to expand opportunities for students and teachers, advocated for children and worked diligently on tax reform. After eight years in the legislature, Representative Lytton announced her retirement in Spring 2018 and did not seek re-election.

“To serve the 40th LD has been a privilege, and I am very excited to pass the torch to Representative-elect Lekanoff,” said Representative Lytton. “There is no doubt that our choice to select Debra as our voice in Olympia is the best the 40th could make. She is a testament to our commitment to our collective values and principles here in the 40th, and I believe that she will represent us well and include all perspectives when making decisions impacting our state and our district.”

Representative-elect Lekanoff will be the first Native American woman to hold a seat in the Washington State House of Representatives.
Salmon may lose the ability to smell danger as carbon emissions rise

The ability to smell is critical for salmon. They depend on scent to avoid predators, sniff out prey and find their way home at the end of their lives when they return to the streams where they hatched to spawn and die.

New research from the University of Washington and NOAA's Northwest Fisheries Science Center shows this powerful sense of smell might be in trouble as carbon emissions continue to be absorbed by our ocean.

Ocean acidification is changing the water’s chemistry and lowering its pH. Specifically, higher levels of carbon dioxide, or CO2, in the water can affect the ways in which coho salmon process and respond to smells.

“Salmon famously use their nose for so many important aspects of their life, from navigation and finding food to detecting predators and reproducing. So it was important for us to know if salmon would be impacted by future carbon dioxide conditions in the marine environment,” said lead author Chase Williams, a postdoctoral researcher in Evan Gallagher’s lab at the UW Department of Environmental and Occupational Health Sciences in the School of Public Health.

The study, published Dec. 18 in the journal Global Change Biology, is the first to show that ocean acidification affects the coho salmon’s sense of smell. The study also takes a more comprehensive approach than earlier work with marine fish by looking at where in the sensory-neural system the ability to smell erodes for fish, and how that loss of smell changes their behavior.

“Our studies and research from other groups have shown that exposure to pollutants can also interfere with sense of smell for salmon,” said Gallagher, senior co-author and a UW professor of toxicology. “Now, salmon are potentially facing a one-two punch from exposure to pollutants and the added burden of rising CO2. These have implications for the long-term survival of our salmon.”

The research team wanted to test how juvenile coho salmon that normally depend on their sense of smell to alert them to predators and other dangers display a fear response with increasing carbon dioxide. Puget Sound’s waters are expected to absorb more CO2 as atmospheric carbon dioxide increases, contributing to ocean acidification.

In the NOAA Fisheries research lab in Mukilteo, Wash., the research team set up tanks of saltwater with three different pH levels: today’s current average Puget Sound pH, the predicted average 50 years from now, and the predicted average 100 years in the future. They exposed juvenile coho salmon to these three different pH levels for two weeks.

After two weeks, the team ran a series of behavioral and neural tests to see whether the fishes’ sense of smell was affected. Fish were placed in a holding tank and exposed to the smell of salmon skin extract, which indicates a predator attack and usually prompts the fish to hide or swim away. Fish that were in water with current CO2 levels responded normally to the offending odor, but the fish from tanks with higher CO2 levels didn’t seem to mind or detect the smell.

After the behavioral tests, neural activity in each fish’s nose and brain was measured to see where the sense of smell was altered. When they analyzed neuron behavior in the olfactory bulb, they saw that processing was altered — suggesting the fish couldn’t translate the smell into an appropriate behavioral response. Gene expression pathways were found to be altered for fish that were exposed to higher levels of CO2, particularly in their olfactory bulbs.

“At the nose level, we think the neurons are still detecting odors, but when the signals are processed in the brain, that’s where the messages are potentially getting altered,” Williams said.

In the wild, the fish likely would become more and more indifferent to scents that signify a predator, Williams said, either by taking longer to react to the smell or by not swimming away at all. While this study looked specifically at how altered sense of smell could affect fishes’ response to danger, it’s likely that other critical behaviors that depend on smell, such as navigation, reproduction and hunting for food would also take a hit if fish aren’t able to adequately process smells.

Continued on Page 9

Coho salmon spawning on the Salmon River in northwest Oregon. Courtesy of Bureau of Land Management.
A tribute to those who always imagined Native women in the Congress

Today is all about Rep. Sharice Davids, D-Kansas, and Rep. Deb Haaland, D-New Mexico, the first two Native American women to be elected to the Congress of the United States.

But this story needs to a start a few pages back.

My friend, the late Wilma Mankiller, was the first elected chief of the Cherokee Nation. She loved telling a story about when the United States first sent a treaty negotiation team to meet with the Cherokees. One of the first questions to the United States was: “Where are your women?” Mankiller said Cherokee women often accompanied their leaders at important ceremonies and negotiations. How can any society govern with only half its people, half its logic, half its humanity?

The next generation of Native American girls will grow up knowing that being a member of Congress is a possibility, even a career path. This is the new normal.

And that path is wider today than ever. This last election two Native American women ran for governors of states, Paulette Jordan in Idaho, and Andria Tupola in Hawaii. Both lost, but paved the way for those who run next.

There have been at least fourteen Native women who have run for Congress. The first (that I have found) was Jeanne Givens, Coeur d’Alene, in 1988. She had served two terms in the Idaho Representatives before challenging an incumbent, then Rep. Larry Craig. She lost by some thirty points but ran again two years later.

Ada Deer, Menominee, ran for Congress in Wisconsin in 1982. Her race, like those of today, earned some national media. She told Scott Simon on the NBC Saturday Today show. “We need to understand the severe underrepresentation of women in the Congress...with my election, we will get a woman, an American Indian, an educator, a social worker, a leader, an activist. And we all have perspectives on the issues.”

Kalyn Free, Choctaw, was a congressional candidate in 2004 in Oklahoma. “I am glad I ran, it was the experience of a lifetime. I do believe that folks like Ada Deer, Denise, did a lot of education not only about Indians but donors.” Free said all of these candidates set the stage for this week’s swearing-in of Davids and Haaland. She said she will be at the celebrations in Washington. “I am absolutely thrilled. I want to go to college and be able to contribute to something greater than themselves.

Mitchell

Continued from Page 6

How do you feel your ancestors are looking on you now in relation to your sports and your academics?

I hope that they’d be proud. And I’m just hoping I can start a trend for my younger siblings and cousins, and even other members of the Tribe. It’s possible, and if you set your mind you can go do it and succeed. I hope I can be that trend starter to make everyone else want to go to college and be able to contribute to something greater than themselves.

What are the lessons in football or sports that you have learned that you apply to your life as a Puyallup man?

We’re stronger together. That’s the biggest thing I’ve ever learned, is that we’re stronger together. Not when we take on individual tasks, not when we drift off from each other, but when we put our noses in the same direction and say we’re here, we want this to change. When we collectively come together. And that’s how it is with the team, when you are trying to be individual superstars, you’re not going to have a successful team.
Announcements

Events in our community

Call for Fishing Wars stories

The Language, Historic Preservation, and Planning and Land Use Departments are currently working with the City of Tacoma to request the current Puyallup Avenue Bridge, site of the Fishing Wars, be officially named the Fishing Wars Memorial Bridge, or yabukʷaːl̓i, meaning “place of a fight.”

If you have a story of the events that took place during the Fishing Wars, we would like to hear from you! You are incredibly important in telling the Tribe’s story and helping the non-native community have a better understanding of our deep cultural and historical ties to the site.

The next presentation to the Tacoma Landmarks Commission is Jan. 23 at 5:30 p.m. If you’re interested in sharing your story at the next meeting, contact:

Jennifer Keating
Land Use Planner
(253) 382-6073
Jennifer.M.Keating@puyalluptribe-nsn.gov

Prepare for winter weather

Some parts of the U.S. have already seen the first signs of winter weather. Are you ready for the coming season? The best time to prepare for winter weather is before it arrives.

» Know if your area is at risk for winter storms. Follow the National Weather Service for weather forecasts. Your area may also have local weather alert systems.

» Start an emergency kit for your car. Include jumper cables, warm clothes, bottled water and snacks, a spare cell phone charger and an ice scraper.

» Have supplies ready at home in case you ever lose power. Keep in mind your family’s needs such as medication. Don’t forget about food and supplies for pets.

» Prepare your home to keep out the cold with insulation, caulking and weather stripping.

For more winter weather tips, visit www.ready.gov/winter-weather.

stab kʷ(i) adsyəcəb? What is your news?

Would you or someone you know be interested in being featured in Puyallup Tribal News?

The News Staff would like to feature a Tribal Member in the next edition of Puyallup Tribal News! Would you like to share what your typical day is like with your fellow Tribal members? Do you know someone who is making an impact on the community that you feel others should know about?

Email us at NEWS@puyalluptribe-nsn.gov

Bringing Christmas gifts to Elders

James and Katie Miles delivered Christmas gifts to their beloved Tribal Elders at the new Puyallup Tribal Elders Assisted Living Facility.

“We wanted to express our love and appreciation with a small gift for our Elders on Christmas. Merry Christmas to all the Staff and thank you for all that you do for our Puyallup Tribal Elders.”

James & Katie Miles deliver gifts to Elders this Holiday Season.
TO: PUYALLUP TRIBAL MEMBERS
FROM: PUYALLUP TRIBAL COUNCIL
DATE: January 14, 2019
SUBJECT: Election Committee

The Tribal Council is posting notice to fulfill the remainder of three (3) regular positions ending January 2021 and one (1) regular position ending August 2020, as well as one (1) alternate position ending December 2021. Committee members are paid stipends for attendance and participation at Committee Meetings. The following members are currently serving on this committee:

Election Committee

REGULAR POSITIONS:  
Nadine Dillon Aug. 2017-2020
Sally McCloud Aug. 2017-2020
Lindsay LaPointe-Nicks Mar. 2017-2020
Vacancy Jan. 2018-2021
Vacancy Jan. 2018-2021
Vacancy Jan. 2018-2021
Vacancy Aug. 2017-2020

ALTERNATE POSITIONS:  
Nancy Shippentower-Games Jan. 2018-2021
Janet Robinson Aug. 2017-2020
James E. Dillon Aug. 2017-2020
Anita Gail Dillon March 2017-2020
Vacancy Jan. 2018-2021

Members on this Committee need to be familiar with Tribal Code (Title 9 Elections and the Committees, Commissions, and Boards Regulation, Policy and Procedures Manual (Resolution No. 120607). You may request a copy of both the Code and Regulation Manual to review. The code may also be viewed from the Tribe’s website at http://www.puyallup-tribe.com/ click on Tribal Laws. If interested please submit your name by the deadline of February 12, 2019 at 5:00 p.m. You may use the prepared sign-up sheets – see Council Reception desk.

TO APPLY: Indian preference employer as required by law. Submit application, resume and at least two (2) letters of recommendation postmarked by the closing date to:

Human Resources Dept.
Puyallup Tribe of Indians
3009 E. Portland Ave.
Tacoma, WA 98404
Phone (253) 573-7963
Fax (253) 573-7963
Job Line (253) 573-7943

Applications and copies of job announcements available at Room #157 or online at puyallup-tribe.com/employment.

*Resumes submitted after the closing date or without a completed application will not be considered.
Seahawks suite winners

Seahawks vs. Vikings / Dec. 10, 2018

Seahawks 21  Vikings 7

Seahawks vs. Kansas City / Dec. 22, 2018

Seahawks 38  Kansas City 31
HONORING OUR ELDERS
A Health Fair for Puyallup Tribal Elders

Thursday, Feb 21, 2019
9:00 am - 4:00 pm
at Puyallup Tribal Health Authority

All services and activities will be available to Puyallup Tribal Members age 55 and over. Priority appointments and walk-ins will be given to Elders 62+

- Complete Health Screenings
- Vaccine Updates
- Dental Screenings
- Activities & Education
- Giveaways & More!

To pre-schedule your appointment, please call 253-593-0232

HONORING OUR ELDERS
A Health Fair for Puyallup Tribal Elders

Thursday, Feb 21, 2019
9:00 am - 4:00 pm
at Puyallup Tribal Health Authority

All services and activities will be available to Puyallup Tribal Members age 55 and over. Priority appointments and walk-ins will be given to Elders 62+

- Complete Health Screenings
- Vaccine Updates
- Dental Screenings
- Activities & Education
- Giveaways & More!

To pre-schedule your appointment, please call 253-593-0232

SDF: An easier way to treat tooth decay!

What is SDF? Tooth decay (a "cavity") is caused by bacteria. Silver Diamine Fluoride (SDF) is a clear-blue liquid that kills bacteria, stopping the cavity. SDF can slow or stop the spread of tooth decay. It will darken the decayed area of the tooth. Darkened areas can be covered with white fillings. SDF is safe, even for babies! SDF desensitizes cavities, so the tooth may not need to be numbed when a filling is done.

How is SDF used? Using SDF is quick and easy:

- SDF is painted onto the decayed area with a tiny paint brush.
- SDF will cause the cavity to turn black in color. This is how we know it’s working! Dark areas can be covered with white filling at a future visit.
- Healthy areas of the tooth will remain white.
- You can eat/drink after SDF treatments, but should avoid sugary drinks and snacks.

Your dentist may recommend this treatment once or multiple times, depending on the growth of the cavities and how clean the teeth are kept. For more information, call PTHA dental at 253-593-0232.

New lobby kiosks make checking in easier

Kiosks have been set up in the PTHA lobbies for easy appointment check-in. It just takes a couple of clicks to check in and get your number for your exam room.

Patient portal now available for all patients!

PTHA patients can now access their personal health information through a convenient, safe and secure patient portal.

- Send secure messages to your provider team
- View test results
- Request appointments
- Renew medications
- Assign a Care Manager

It’s easy to sign-up! Visit PTHA to get your "enrollment token" number. PTHA staff will walk you through the steps to enroll. After you’ve enrolled, you can log in anytime to access your health information.

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PTHA Employment Opportunities

The positions listed are full-time (40hrs/wk), unless otherwise stated, and include the following benefits: medical, vision, dental, life/AD&D insurance, 401(k), vacation/sick leave, paid holidays, employee assistance plan plus much more.

DENTAL

JOB TITLE: Sterilization Processing Technician
CLOSES: Open Until Filled
High School Diploma or GED required. Minimum two years of experience with sterilization equipment and processes required. Current Central Sterilization Technician Certification (CST) and demonstrable knowledge of decontamination, assembly and sterilization processes required. Ability to accurately and effectively utilize MS office programs.

DENTAL LAB

JOB TITLE: Dental Lab Technician
CLOSES: Open Until Filled
Graduate from an accredited Dental Lab School required. Five (5) years of experience in the following areas: orthodontic appliances, denture fabrication, cast partial frameworks, full metal crowns and bridges, and porcelain crowns and bridges. Experience and/or ability to work with electronic health record systems.

FACILITIES

JOB TITLE: Fill-in Housekeeper (variable hours-not benefits eligible)
CLOSES: Open Until Filled
High School Diploma or GED. Minimum six (6) months housecleaning/janitorial experience. Must have a valid Washington state driver's license, current liability insurance and provide copy of driving record. Must maintain satisfactory driving record for duration of employment.

KWAWACHEE COUNSELING CENTER

JOB TITLE: Counselor II/III
CLOSES: Open Until Filled
Master’s Degree in Human Services or Behavioral Health field from an accredited university. Experience and/or ability to work with electronic health record systems. Current BLS certification.

Counselor II: In addition to the requirements above, must have a current Washington State Associate license as a Mental Health Counselor, Social Worker or Marriage and Family Therapist, and at least one (1) year experience in the behavioral health field providing direct counseling services to individuals, families and groups.

Counselor III: In addition to the requirements above, must have a current Washington State license as a Mental Health Counselor, Social Worker or Marriage and Family Therapist, and at least three (3) years of experience in the behavioral health field providing direct counseling services to individuals, families and groups.

MEDICAL

JOB TITLE: Nurse Educator
CLOSES: Open Until Filled
Washington State Registered Nurse license and bachelor’s degree in related field required. Minimum three (3) years nursing experience, including demonstrable knowledge and experience in patient health education. Experience with community outreach, prevention, education events or activities. Acute care and/or primary care experience, including pediatrics. Experience with case management or coordination of care for patients. Current/valid Washington state driver’s license, reliable vehicle and proof of liability insurance. Experience and/or ability to work with an electronic health record system. Current BLS certification. Ability to obtain ACLS and/or PALS as directed.

Pediatrics specialty - minimum two (2) years of pediatric inpatient or outpatient experience.

JOB TITLE: Medical Assistant Supervisor/LPN – two Positions
CLOSES: Open Until Filled
Graduation from an accredited school of nursing. Must have a current Washington State Licensed Practical Nurse (LPN) license. Minimum five (5) years of experience as a licensed practical nurse, including experience in family medicine and pediatrics. Minimum three (3) years of experience directly supervising five (5) or more employees. Minimum one (1) year experience in urgent or ambulatory care, within the last three (3) years. Demonstrable knowledge and experience in starting and maintaining IVs. Demonstrable triage and assessment skills. Current BLS certification required. ACLS certification required within six (6) months of hire. Experience and ability to work with an electronic medical health record system.

MEDICAL LAB

JOB TITLE: Physician – FM Residency Faculty, DO/MD (Part-time or Full-time)
CLOSES: Open Until Filled
Doctorate of Medicine or Osteopathy from an accredited institution. Board Certified in Family Medicine and current license to practice medicine in the State of Washington. Current certification in ACLS and/or PALS and/or ALSO, as required. Experience and/or ability to work with an electronic health records system. Ability to obtain hospital privileges within four (4) months of hire, to participate in rounding rotation. Experience teaching and precepting residents.

JOB TITLE: Medical Lab Technician I/II
CLOSES: Open Until Filled
High school diploma or GED. Graduate of a NAACLS accredited Medical Lab Technician (MLT) program or successful completion of a 50-week military MLT program. Must apply for a Medical Assistant (MA) Phlebotomist Certification with the State of Washington within the first month of hire and obtain active status within four months. Experience and/or ability to work with electronic health record systems. Current BLS certification.

MLT I: MLT certification or ability to obtain certification within one year of hire and successful completion of a six-month laboratory clinical rotation, performing moderate to high complexity testing, within the last 24 months.

Continued on Page 15
Continued from Page 14

**MLT II:** MLT certification or ability to obtain certification within one year of hire and two years of medical lab generalist experience (within last four years), performing moderate to high complexity testing in a clinical laboratory setting.

**PATIENT ACCESS**

**JOB TITLE:** Patient Access Representative  
**CLOSES:** Open Until Filled

High School Diploma or GED. Two (2) years of patient access/front desk experience in a health care facility, providing demonstrable excellent customer service and administrative support, with strict attention to detail. Recent experience (within the last 24 months) verifying and entering insurance information. Must have proficiency in MS Office products (Word, Excel, Outlook, etc.) and experience with electronic health records systems.

**TREATMENT CENTER**

**JOB TITLE:** Addictions Counselor (Co-occurring) – 2 Positions  
**CLOSES:** Open Until Filled

Master's Degree in Counseling or related field. Two years of experience, within the last 48 months, providing addictions, alcohol and chemical dependency counseling. Must have state or national certification as a Certified Problem Gambling Counselor or must obtain certification within two years of hire. Must have current and valid Washington state driver’s license. Current BLS certification required. Experience and/or ability to work with electronic health records/practice management systems.

**Addictions Counselor/Co-Occurring** – In addition to the minimum requirements, must have dual licensure required in Mental Health and Chemical Dependency. At a minimum, must have full licensure in either specialty, with trainee/associate license in second specialist, working toward full licensure within 12 months of hire. For example, either a CDP Trainee with full Mental Health licensure or a full CDP certification with Mental Health Associate license. Mental Health license/Associate license can include: Mental Health, Counselor, Marriage and Family Therapist or Clinical Social Worker.

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**How to apply**

A PTHA employment application must be completed and submitted for each position applied for by 5 p.m. on the closing date. PTHA is an Equal Opportunity Employer while practicing Native hiring preference according to law. Continuous recruitments for which a closing date is not listed may close at any time. Positions may be added or deleted at any time. All listed positions require applicants to acknowledge and sign a background check.

For application forms and information on job openings, please contact:  
**Puyallup Tribal Health Authority**  
Human Resources Department  
2209 East 32nd Street  
Tacoma, WA 98404  
Phone: (253) 593-0232 Ext. 353  
Fax: (253) 593-3479  
Job-line: (253) 593-0101  
Email: HR@eptha.com  
Website: www.eptha.com

Due to the large number of applications that may be received, not everyone who applies for a vacant position will be contacted or interviewed. Only those applicants who have been interviewed will receive notification when the position is filled or closed. PTHA is a tax exempt, non-profit organization.

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**Sign up for our email notification if you are interested in staying up to date on PTHA’s job announcements.**

Just follow the directions below to sign up and be notified every two weeks of PTHA’s current job announcements.

» Go to [www.eptha.com](http://www.eptha.com).

» Click on the employment tab on the website.

» Scroll to the bottom of the page and click on: "Click here to join our job announcement email list."

» Complete the required information on the page. Click on "subscribe to list" button at the bottom of the page.

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**PTHA January Calendar**

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<th>Tue</th>
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<tr>
<td>31</td>
<td>PTHA CLOSED at 12:00 pm</td>
<td>1</td>
<td>PTHA CLOSED</td>
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<tr>
<td>2</td>
<td>Happy New Year!</td>
<td>3</td>
<td>Anger Management Group</td>
<td>11:00 am – 12:30 pm</td>
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PTHA CLOSED

Pulling for Wellbriety 12:00pm – 1:00pm  
Grief Speaks 1:00pm – 2:30 pm

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Puyallup Tribal News | January 10, 2019
Main Event: 10 Rounds – Super Featherweight: Giovanni Mioletti vs. Antonio Cabrera (14-0-0, 5 KOs) vs. Antonio Escalante (29-9, 20 KOs)

NFC Games
It’s crunch time in the NFL! Catch all of the excitement of the playoff season on our mammoth 40’ high definition screen. Enter to win $150 quarterly cash drawings, and play $5 sports boards during NFC games.

Wild Card Weekend Viewing Parties
Sat., Jan. 5 & Sun., Jan. 6 | TBA
EQC I-5 Showroom & Bridge Nightclub

Divisional Playoffs Viewing Parties
Sat., Jan. 12 & Sun., Jan. 13 | TBA
EQC I-5 Showroom & Bridge Nightclub

Conference Championships Viewing Party
Sun., Jan. 20 | TBA
EQC I-5 Showroom & Bridge Nightclub

Kool & the Gang have influenced the music of three generations. Thanks to songs like Celebration, Cherish, Jungle Boogie, Summer Madness and Open Sesame, they’ve earned two Grammy Awards, seven American Music Awards, 25 Top Ten R&B hits, nine Top Ten Pop hits and 31 gold and platinum albums. Kool & the Gang has performed continuously for the past 43 years, longer than any R&B group in history. Their bulletproof funk and jazzy arrangements have also made them the most sampled band of all time.

REO Speedwagon!
This may well be the hottest show this winter, so get your tickets now!

Join us as we welcome the band many say invented the power ballad in rock and roll. For one show only, the Emerald Queen proudly presents REO Speedwagon! This may well be the hottest show this winter, so get your tickets now!

The Puyallup Tribe of Indians’ Emerald Queen Hotel & Casinos boast two beautiful properties right off I-5, one located 13 miles south of Seattle-Tacoma International Airport, and the other two miles from Downtown Tacoma. Proudly known as “The Entertainment Capital of the Northwest,” Emerald Queen Hotel & Casinos offer 56 Las Vegas-style table games and over 2,000 slot machines, non-smoking play, seven divine dining venues, over 100 exceptional guest rooms and suites, a no-cover nightclub, and the I-5 Showroom—home to concerts, comedy, professional combative sports and more!

Must be 21 or older to enter the casino. Management reserves the right to change any event or promotion. EQC is not responsible for any third party ticket sales or purchases. Bouts subject to change.

Erin Harvey | Sr. Media Marketing Director | 1.888.831.7655 x180 | Erin_Harvey@emeraldqueen.com | emeraldqueen.com

Emerald Queen Casino I-5
1024 E 29th St., Tacoma, WA 98404

Emerald Queen Hotel & Casino in Fife
5700 Pacific Hwy E., Fife, WA 98424